



## Grove City family dentistry

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### Post operative instructions: Fillings

It is normal to experience some hot, cold and pressure sensitivity after your appointment and your gums may be sore for several days. You may chew right away on new white fillings, since they set completely on the day of your appointment.

If anesthesia was used during your appointment, your lips, teeth, and tongue may be numb for several hours after the appointment. It is strongly advised to avoid any chewing until the numbness has completely worn off to avoid causing any damage to your cheeks, lip or tongue. In some cases, it is recommended to take some ibuprofen before the anesthetic completely wears off to help with any swelling or pain at the injection sites where your anesthetic was administered.

If your bite feels uneven, if you have persistent pain, or if you have any other questions or concerns, please call our office to speak with us directly.