



Grove City family dentistry

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Post operative instructions: Extraction

Because a tooth extraction is a surgical procedure, it is important to allow your body time to heal itself. The day of the extraction, you should consume lots of fluids and only eat soft foods so as to not disrupt the extraction area. The day following the extraction, or as soon as it is comfortable, you can go back to normal eating habits.

The swelling usually begins to subside after 48 hours. Limiting the amount of energy exerted during this period will help in the healing process by keeping the blood pressure low, ultimately reducing any potential bleeding in the area. If the pain does not decrease, use pain medication as directed, and call the office if it does not seem to be working. If antibiotics are prescribed, continue to take them for the indicated length of time, even if all symptoms and signs of infection are gone.

Resume your normal dental routine after 24 hours, which should include brushing and flossing at least once a day. This speeds healing and helps keep your breath and mouth fresh. Should you experience any heavy bleeding, severe pain, continued swelling after two or three days, or a reaction to the medication, call our office to let us know. Within a few days, as swelling and any pain should subside and you should be back to normal.